Vitamins Word Search

H	F	X	G	D	A	M	C	L	X	Z	O	U	I	A
S	E	L	U	X	E	N	I	S	I	L	H	I	T	S
C	N	A	Z	R	A	F	O	N	D	M	D	Y	S	X
H	F	B	L	R	B	U	I	H	E	P	M	U	I	L
U	I	L	M	T	R	A	T	C	P	R	P	U	N	X
G	R	P	W	C	H	H	V	R	I	P	A	L	N	W
O	L	D	E	H	I	E	U	H	L	E	V	L	S	E
C	K	Z	U	A	G	G	Q	E	P	P	N	G	F	H
U	U	P	M	G	E	A	M	G	W	I	M	C	I	L
V	G	I	I	O	B	E	F	O	L	A	T	E	Y	J
A	N	E	X	S	N	F	N	U	T	R	I	E	N	T
E	S	H	O	T	G	E	N	E	R	G	Y	Y	B	B
Z	Z	R	P	E	R	F	V	I	T	A	M	I	N	O
Y	B	F	R	U	I	T	S	I	C	G	S	U	T	G
M	T	J	C	R	E	T	I	N	O	L	A	B	S	L

Words to Find:

- DEFICIENCY
- SUPPLEMENT
- NUTRIENT
- THIAMINE
- VITAMIN
- MINERAL
- VEGGIES
- RETINOL
- HEALTH
- IMMUNE
- ABSORB
- SOURCE
- FRUITS
- ENERGY
- FOLATE